

JCC IMAGING COURSE
MSK



SCIENTIFIC PROGRAM

10-11th JANUARY 2020

VIANA DO CASTELO • FORTE SANTIAGO DA BARRA

SCIENTIFIC PROGRAM

FRIDAY 10th JAN

- 15:00-16:40** **PLENARY SESSION** (Official language: Portuguese)
- 15:00-15:15** **OPENING AND PLENARY SESSION: SPORTS AND THE CITY**
José Maria Costa – Sr. Presidente da Camara de Viana do Castelo
- 15:15-15:30** **INTRODUCTORY SESSION: SPORTS AND EXERCISE MEDICINE & PRIMARY CARE**
Alexandre Rebelo-Marques (Coimbra, PT)
- 15:30-15:45** **THE ROLE OF IMAGING IN SPORTS MEDICINE**
Diogo Roriz (Viana do Castelo, PT)
- 15:45-16:00** **SPORTS MEDICINE: INJURIES IN THE ELITE ATHLETE**
Rui Escaleira (Viana do Castelo, PT)
- 16:00-16:20** **CONVERSATIONS WITH THE ATHLETES**
Fernando Pimenta (Canoeing)
Ana Catarina Monteiro (Swimming)
- 16:20-16:30** **Q/A**

16:30-17:00 **COFFEE BREAK**

17:00-19:00 **WORKSHOPS** (Official language – English)

WS 1 CLINICAL WORKSHOP

THE MOST FREQUENT LESIONS OF THE LOWER LIMB: CLINICAL MANAGEMENT AND IMAGING ROLE

Vitor Moreira (Viana do Castelo, PT), **Joana Costa** (Viana do Castelo, PT)

WS 2 ADVANCED HANDS-ON US: LEARN WITH THE MASTERS

HIP/THIGH, KNEE/CALF AND ANKLE/FOOT STATIONS

Teresa Fernandes (Viana do Castelo, PT), **Lina Melão** (Porto, PT)
Federico Bruno (L'Aquila, IT), **Sérgio Gomes** (Porto, PT),
Tiago Couto (Viana do Castelo, PT), **Davide Orlandi** (Genova, IT)

WS 3 THE NEGLECTED TECHNIQUE: RADIOGRAPHY, BACK TO THE BASICS (CHALLENGING CLINICAL CASES)

Henrique Rodrigues (Viana do Castelo, PT), **Marta Ferreira** (Coimbra, PT)

WS 4 MRI MASTER SESSION: MY CHALLENGING KNEE CASES

Luis Cerezal (Santandar, ES), **Eva Llopis** (Valencia, ES)

SATURDAY 11th JAN

08:00-08:20 REGISTRATION AND INTRODUCTION

HIP AND GROIN - WHATS NEW
João Carlos Costa, José Teixeira

08:20-08:30 CHAIRMAN'S INTRODUCTION

08:30-08:50 ATHLETE'S LONG STANDING GROIN PAIN: MYTHS AND FACTS. A RADIOLOGIST PERSPECTIVE
Sérgio Gomes (Porto, PT)

08:50-09:10 FEMOROACETABULAR IMPINGEMENT
Ricardo Moutinho (Lisboa, PT)

09:10-09:30 EMERGING PATHOLOGIES - FROM MICROINSTABILITY TO EXTRAARTICULAR IMPINGEMENT
Luis Cerezal (Santander, ES)

09:30-09:50 HIP ARTHROSCOPY: WHAT THE SURGEON WANTS TO KNOW
João Correia (Porto, PT)

09:50-10:00 Q/A

10:00-10:10 JCC QUIZ

10:10-10:30 COFFEE BREAK

THIGH - THE RADIOLOGIST ROLE
Joana Costa, Filipe Guimarães

10:30-10:40 CHAIRMAN'S INTRODUCTION

10:40-11:00 SUBGLUTEAL SYNDROME
Luis Cerezal (Santander, ES)

11:00-11:20 MUSCLE INJURIES: CLASSIFICATION AND COMPLICATIONS
Pedro Rabaça (Coimbra, PT)

11:20-11:50 STATE-OF-THE-ART LOWER LIMB INTERVENTIONAL RADIOLOGY
Indications and technique: Teresa Fernandes (Viana do Castelo, PT)
My challenging cases: Davide Orlandi (Genova, IT)

11:50-12:10 WHAT THE SPORTS PHYSICIAN WANTS TO KNOW: PROGNOSIS AND RETURN TO PLAY
Vitor Moreira (Viana do Castelo, PT)

12:10-12:20 Q/A

12:20-14:00 LUNCH

KNEE – MAKING MY REPORT VALUABLE

Alberto Vieira, José Carlos Noronha

- 14:00-14:10** **CHAIRMAN'S INTRODUCTION**
- 14:10-14:30** **MENISCUS: TEAR CLASSIFICATION AND STRUCTURED REPORTING**
Luis Cerezal (Santander, ES)
- 14:30-14:50** **CRUCIATE LIGAMENTS: PEARLS, PITFALS AND THE POSTOPERATIVE**
Federico Bruno (L'Aquila, IT)
- 14:50-15:10** **MY TOP TIPS AND TRICKS AROUND THE KNEE**
Teresa Fernandes (Viana do Castelo, PT)
- 15:10-15:30** **ARTHROSCOPIC PROVEN BUT IMAGING MISSED LESIONS**
Nuno Oliveira (Lisboa, PT)
- 15:30-15:40** **Q/A**

15:40-16:00 **COFFEE BREAK**

ANKLE AND FOOT – WATCH YOUR STEPS

Lina Melão, José Teixeira

- 16:00-16:10** **CHAIRMAN'S INTRODUCTION**
- 16:10-16:30** **ANKLE LIGAMENTS: COMMON AND NOT SO COMMON INJURIES**
Eva Llopis (Valencia, ES)
- 16:30-16:50** **ANKLE IMPINGEMENT SYNDROMES**
Davide Orlandi (Genova, IT)
- 16:50-17:10** **TENDONS AROUND THE ANKLE**
Diogo Roriz (Viana do Castelo, PT)
- 17:10-17:30** **METATARSALGIA: MY TOP DIAGNOSIS**
Eva Llopis (Valencia, ES)
- 17:30-17:50** **ANKLE: WHAT THE SURGEON WANTS TO KNOW**
Paulo Amado (Porto, PT)
- 17:50-18:00** **Q/A**
- 18:00-18:10** **QUIZ AWARD & AWARDED POSTER PRESENTATION**
- 18:10-18:50** **CLOSING REMARKS**